Manipal **Cigna**

Health Insurance

MANIPALCIGNA PROHEALTH INSURANCE

CUSTOMER INFORMATION SHEET/KNOW YOUR POLICY

This document provides key information about your policy. You are also advised to go through your policy document.

SI No.	Title	Description (Please refer the Policy	Clause Number in next column)	Policy Clause Number	
1	Name of Insurance Product/Policy	ManipalCigna ProHealth	ManipalCigna ProHealth Insurance - Accumulate		
2	Policy Number	XXXXXXXX			
3	Type of Insurance Product/Policy	 Both indemnity and Benefit (where the policy has elements of both) Indemnity - Where insured losses are covered up to Sum Insured under the policy Benefit - Where the Insurance Policy pays a fixed amount under the policy on the occurrence of a covered event 			
		Individual Sum Insure a separate sum insured	d - Where each insured member has under the policy,		
		Insured Name	Sum Insured (in ₹)		
		<insured 1="" name=""></insured>	ххххх		
		<insured 2="" name=""></insured>	ххххх		
		<insured 3="" name=""></insured>	XXXXX		
	Sum Insured (Basis) (Along with amount)		Or Where all members under the policy ed limit which may be utilized by any		
		Insured Name	Sum Insured (in ₹)		
4		<insured 1="" name=""></insured>			
		<insured 2="" name=""></insured>	xxxxx		
		<insured 3="" name=""></insured>			
		 Sum Insured under Health Mainten Individual Sum Insured - Where ead a separate sum insured the policy 	d - Where each insured member has		
			Insured Name	Sum Insured (in ₹)	
		<insured 1="" name=""></insured>	XXXXX		
		<insured 2="" name=""></insured>	XXXXX		
		<insured 3="" name=""></insured>	XXXXX		
			Or		

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			Health Insura - Where all members under the policy ured limit which may be utilized by any	nce
		Insured Name	Sum Insured (in ₹)	
		<insured 1="" name=""></insured>		
		<insured 2="" name=""></insured>	xxxxx	
		<insured 3="" name=""></insured>		
			ation (When you are hospitalised) to ₹5.5 Lacs - Covered up to Single	D.I.1
		For Sum Insured ₹7. Room Category exce 2. Pre - hospitalization Medical Expenses Contemporation	overed up to 60 days before date of	D.I.2
			on overed up to 90 days post discharge	D.I.3
		from hospital 4. Day Care Treatment		D.I.4
	Policy Coverages (What the policy covers?)	5. Domiciliary Treatme	nit of Sum Insured opted ent (Treatment at Home)	D.I.5
		6. Ambulance Cover (Re	hit of Sum Insured opted eimbursement of Ambulance Expenses)	D.I.6
		7. Donor Expenses (H donor providing the		D.I.7
			ncy Cover (Outside India)	D.I.8
5		9. Restoration of Sum	Im Insured once in a Policy Year Insured (When opted Sum Insured	D.I.9
		unrelated illnesses in	is available in a Policy Year for addition to the Sum Insured opted	
		10. AYUSH Cover Covered up to full St	um Insured	D.I.10
		11. Health Maintenanc (Treatment that does carried out in an Out		D.I.11
		per policy year Can also be used to Up to 50 % of the ac can be utilised for pa renewal of the policy	pay for Co-pay or Deductible. cumulated Health Maintenance Benefit ayment against premium from first	
		Value Added Covers (This section lists the are available along wit 12. Health Check-Up	additional value added benefits that h your plan)	D.II.1
		Available once every who have completed	Critical illness (By a Specialist)	D.II.2

14. Cumulative Bonus	
A guaranteed 5% Increase in Sum Insured per policy year, maximum up to 200% of Sum Insured.	D.II.3
15. Healthy Rewards	D.II.4
Reward Points equivalent to 1% of paid premium, to be earned each year. Rewards can also be earned for enrolling and completing Our Array of Wellness Programs. These earned Reward Points can be used against payable premium (including Taxes) from 1 st Renewal of the Policy.	
OR they can be redeemed for equivalent value of Health Maintenance Benefits any time during the policy OR as equivalent value while availing services through our Network Providers as defined in the policy.	
Optional Covers (Applicable only if opted)	
1. Hospital Daily Cash Benefit	D.III.1
₹1000 for each continuous and completed 24 Hours of Hospitalization during the Policy Year up to a maximum of 30 days in a policy year	
2. Deductible	D.III.2
(Please select the Sum Insured and Deductible amount as you have opted on the Policy. Deductible is the amount beyond which a claim will be payable in the Policy)	
₹0.5/ 1/ 2/ 3/ 4/ 5/ 7.5 /10 Lacs	
3. Waiver of Deductible	D.III.3
Available	
4. Voluntary Co-pay (The cost sharing percentage that you have opted will apply on each claim.)	D.III.4
If you have opted for a Deductible, Voluntary Co-payment does not apply	
10% or 20% Voluntary Co-payment for each and every claim as opted	
5. Waiver of Mandatory Co-pay	
Waiver of Mandatory co-payment of 20% for Insured Persons aged 65 years and above	D.III.5
6. Cumulative Bonus booster	D.III.6
A guaranteed 25% increase in Sum Insured per policy vear. maximum up to 200% of Sum Insured	ס.ווו.ט

		 Add on cover (Rider) (Applicable only if opted) This section lists the Add on cover available under your plan ManipalCigna Critical Illness Add-on (UIN: MCIHLIP21128V022021): Lump sum payment of Sum Insured, upon diagnosis of a Critical Illness listed under Add on policy wordings. ManipalCigna Health 360 Add-on (UIN: MCIHLIA23023V012223): ManipalCigna Health 360 - Shield: Coverage for listed Non-medical items up to base policy Sum Insured and Durable Medical Equipment up to maximum of ₹1 Lac ManipalCigna Health 360 - Advance: Coverage for 'Any room' category and unlimited restoration of Sum Insured within the base policy Sum Insured. It also provides Air Ambulance cover up to Sum Insured opted under the base policy subject to a maximum of ₹10 Lacs, over and above the base policy Sum Insured. ManipalCigna Health 360 - OPD: Package 1: Get cover for doctor consultations on cashless basis within the OPD Sum Insured Package 2: Get coverage for doctor consultations and prescribed diagnostics on cashless basis within the OPD Sum Insured Package 3: Get coverage for doctor consultations, prescribed diagnostics and pharmacy on cashless basis within the OPD Sum Insured. Pharmacy limit is 20% of the OPD Sum Insured. 	Add on policy wordings	
6	Exclusions (What the policy does not cover)	 Investigation & Evaluation - Code - Excl. 04 Rest Cure, rehabilitation and respite care - Code - Excl. 05 Obesity/ Weight Control: Code - Excl. 06 Change-of-Gender treatments: Code - Excl. 07 Cosmetic or plastic Surgery: Code - Excl. 08 Hazardous or Adventure sports: Code - Excl. 09 Breach of law: Code - Excl. 10 Excluded Providers: Code - Excl. 11 Treatment for, Alcoholism, drug or substance abuse or any addictive condition and consequences thereof. Code - Excl. 12 Treatments received in heath hydros, nature cure clinics, spas or similar establishments or private beds registered as a nursing home attached to such establishments or where admission is arranged wholly or partly for domestic reasons. Code - Excl. 13 Dietary supplements and substances that can be purchased without prescription, including but not limited to Vitamins, minerals and organic substances unless prescribed by a Medical Practitioner as part of hospitalization claim or day care procedure. Code - Excl. 14 Refractive Error: Code - Excl. 15 Unproven Treatments: Code - Excl. 17 Maternity: Code - Excl. 18 External Congenital Anomaly or defects or any complications or conditions arising therefrom. 	E.I.4 to E.I.18 and E.II.4 to E.II.17	Ciano Drollooth Increased Accumulate Customer Information Shoot 1 IIN

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operations (whether war be declared or not or while performing duties in the armed forces of any country),	

		 27. All non-medical expenses including convenience items for personal comfort not consistent with or incidental to the diagnosis and treatment of the disease/illness/injury for which the Insured Person was hospitalized - belts, collars, splints, slings, braces, stockings of any kind, diabetic footwear, thermometer and any medical equipment that is subsequently used at home except when they form part of room expenses, procedure charges and cost of treatment.For complete list of Non-medical expenses, please refer to the Annexure IV List -I "Items for which Coverage is not available in the Policy 28. Any deductible amount or percentage of admissible claim under co-pay if applicable and as specified in the Policy Schedule. 29. Pre-existing condition disclosed by the Insured Person will be reviewed according to the company's underwriting policy. 	
7	 Waiting Period Time period during which specified disease/ treatment are not covered. It is counted from the beginning of the policy coverage. 	 a. Initial Waiting Period: 30 days for all illnesses (not applicable in case of continuous renewal or accidents). b. Specific Waiting Period (Not Applicable for claims arising due to accident): 24 Months for following diseases: Cataract Hysterectomy for Menorrhagia or Fibromyoma or prolapse of Uterus unless necessitated by malignancy myomectomy for fibroids, Knee Replacement Surgery (other than caused by an Accident), Non-infectious Arthritis, Gout, Rheumatism, Oestoarthritis and Osteoposrosis, Joint Replacement Surgery (other than caused by Accident), Prolapse of Intervertibral discs (other than caused by Accident), all Vertibrae Disorders, including but not limited to Spondylitis, Spondylosis, Spondylolisthesis, Congenital Internal, Varicose Veins and Varicose Ulcers, Stones in the urinary uro-genital and biliary systems including calculus diseases, Benign Prostate Hypertrophy, all types of Hydrocele, vii. Fissure, Fistula in anus, Piles, all types of Hernia, Pilonidal sinus, Hemorrhoids and any abscess related to the anal region. Viii. Chronic Suppurative Otitis Media (CSOM), Deviated Nasal Septum, Sinusitis and related disorders, Surgery on tonsils/Adenoids, Tympanoplasty and any other benign ear, nose and throat disorder or surgery. gastric and duodenal ulcer, any type of Cysts/Nodules/ Polyps/internal tumors/skin tumors, and any type of Breast lumps (unless malignant), Polycystic Ovarian Diseases, 	E.1.3 E.1.2

	Health Insura	
	 x. Any surgery of the genito-urinary system unless necessitated by malignancy. c. Pre-existing Disease: Covered after 36 Months d. Personal Waiting period: A special Waiting Period not exceeding 36 months, may be applied to individual Insured Persons for the list of acceptable Medical Ailments listed under Underwriting Manual of the Product, depending upon declarations on the proposal form and existing health conditions. Such waiting periods shall be specifically stated in the Schedule and will be applied only after receiving Your specific consent. 	E.I.1 E.II.2
 Financial limits of coverage Sub-limit (it is pre-defined limit and the insurance company will not pay any amount in excess of this limit Co-payment (it is a specified amount percentage of admissible claim amount to be paid by policyholder/insured). Deductible (It is specified amount: up to which and insurance company will not pay any claim, and which will be deducted from total claim amount (if claim amount) Any other limit (as applicable) 	 The policy will pay only up to the limits specified hereunder for the following diseases/procedures: Not Applicable In case of claim, this policy requires you to share the following sub limits: Expense exceeding Sub-limits Room/ICU Charges For Sum Insured up to ₹5.5 Lacs - Covered up to Single Private Room For Sum Insured ₹7.5 Lacs and Above - Covered up to any Room Category except Suite or higher category For the following specified disease 	D.I.1 F.II.10 & F.II.6

9	Claims/Claims procedure	 Details of procedure to be followed for cashless services as well as for reimbursement of claim including pre and post hospitalization: To know the process for our cashless and reimbursement claims visit - https://www.manipalcigna.com/claims Turn Around Time (TAT) for claim settlement TAT for pre-authorization of cashless facility - within 1 hour from the last complete document. TAT for cashless final bill authorization - within 3 hours from the last complete document. Web links for the followings: Network hospital details - https://www.manipalcigna.com/locate-us Helpline Number - https://www.manipalcigna.com/locate-us Hospital which are blacklisted or from where no claims will be accepted by insurer - https://www.manipalcigna.com/locate-us Link for downloading claim form - https://www.manipalcigna.com/downloads/claims 	G.I.4
10	Policy Servicing	For hassle free policy servicing customer can manage their policy by clicking on- <u>https://eservicing.manipalcigna.com/login</u> or Download myManipalCigna App from Playstore or appstore	
11	Grievances/ Complaints	LEVEL 1 Health Relationship Managers Call our toll-free number 1800-102-4462 between 9:00 AM to 9:00 PM. Email us at: headcustomercare@manipalcigna.com For Senior Citizen Assistance: Seniorcitizensupport@ ManipalCigna.com LEVEL 2 Grievance Redressal Officer Call us on 022-71781389 between 10 am to 6 pm (Monday to Friday) Email us at: complaints@manipalcigna.com LEVEL 3 Chief Grievance Redressal Call us on 022-71781300 between 10 am to 6 pm (Monday to Friday) Email us at: complaints@manipalcigna.com For Senior Citizen Assistance: Seniorcitizensupport@ ManipalCigna.com LEVEL 3 Chief Grievance Redressal Call us on 022-71781300 between 10 am to 6 pm (Monday to Friday) Email us at: Complaince@manipalcigna.com For Senior Citizen Assistance: Seniorcitizensupport@ ManipalCigna.com LEVEL 4 Approach Ombudsman The office Name and address details applicable for your state can be obtained from https://www.cioins.co.in/Ombudsman	F.I.16

		 Health Insural Courier: Any of Our Branch office or corporate office during business hours. Insured Person may also approach the grievance cell at any of company's branches with the details of the grievance. If Insured Person is not satisfied with the redressal of grievance through one of the above methods, insured person may contact the grievance officer at, 'The Grievance Cell, ManipalCigna Health Insurance Company Limited, Techweb center 2nd Floor New Link Rd, Anand Nagar, Jogeshwari West, Mumbai, Maharashtra 400102, India or Email: headcustomercare@manipalcigna.com. For updated details of grievance officer, kindly refer link - https:// www.manipalcigna.com/grievance-redressal If Insured person is not satisfied with the redressal of grievance through above methods, the Insured Person may also approach the office of Insurance Ombudsman of the respective area/region for redressal of grievance as per Insurance Ombudsman Rules 2017. The contact details of Ombudsman offices attached as Annexure I to this Policy document. Grievance may also be lodged at IRDAI complaints management system - https://bimabharosa.irdai.gov.in/ You may also approach the Insurance Ombudsman if your complaint is anon far more than 20 days from the data of filing the complaint 	nce
		 is open for more than 30 days from the date of filing the complaint Free Look Cancellations: The Free Look period shall be applicable on new individual health insurance policies and not on renewals or Ported/Migrated policies. The insured person shall be allowed a free look period of 30 days from date of receipt of the policy document to review the terms and conditions of the policy and to return the same if not acceptable. Free look is applicable only, if the insured has not made any claim or opted for any benefit during the Free Look Period. 	F.I.15
12	Things to remember	 To avail: Customer can request for cancellation writing to - <u>customercare@manipalcigna.com</u> from the registered email id with us. OR Customer can also visit any MCHI Branch and give a written request 	
		Policy Renewal: The policy shall ordinarily be renewable except on grounds of established fraud or non-disclosure or misrepresentation by the insured person.	F.I.10
		Migration: The Insured Person will have the option to migrate the Policy to other health insurance products/plans offered by the company by applying for migration of the policy at least 30 days before the policy renewal date as per IRDAI guidelines on Migration. If such person is presently covered and has been continuously covered without any lapses under any health insurance product/plan offered by the company, the insured person will get the accrued continuity benefits in waiting periods as per IRDAI guidelines on migration.	F.I.8

	Manipal Cigno Health Insurance
to the renewa customercar with us OR - Visit nearest request OR	n share for migration of the policy 30 days prior al date by writing to - e@manipalcigna.com from an email registered ManipalCigna Branch and submit a written ntermediary/agent assigned to the customer for
the Policy to of the entire polic any, at least 30 the policy rene portability. If su continuously co insurance polic proposed Insur	F.I.9 F.I.9
to the renewa customercar with us OR - Visit nearest request OR	n share for portability of the policy 30 days prior al date by writing to - e@manipalcigna.com from an email registered ManipalCigna Branch and submit a written ntermediary/agent assigned to the customer for
Renewal of the changes by fill the Policy. We	m Insured: It will be allowed at the time of Policy. You can submit a request for the ng the proposal form before the expiry of reserve Our right to carry out underwriting in eptance of request for change of Sum Insured
(including porta back would be moratorium pe sums insured o of 60 continuou enhancement After the expiry claim under thi	eriod: After completion of 60 continuous months ability and migration) under the policy no look applied. This period of 60 months is called as riod. The moratorium would be applicable for the of the first policy and subsequently completion us months would be applicable from date of of sums insured only on the enhanced limits. of Moratorium Period no health insurance s policy shall be contestable except for proven manent exclusions specified in the policy

13	Your Obligations	 Disclosure of Information a. The Policy shall be null and void, and all premium paid thereon shall be forfeited to the Company in the event of any misrepresentation or mis-description of any material fact by the policyholder. b. The Policy shall be null and void, and all premium paid thereon shall be forfeited to the Company in the event of non-disclosure of any material fact by the policyholder. ("Material facts" for the purpose of this Policy shall mean all relevant information sought by the company in the proposal form and other connected documents to enable it to take informed decision in the context of underwriting the risk) 	F.I.1
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Declaration by the Policy Holder:

I have read the above and confirm having noted the details.

Place: _____

Date: _____

(Signature of Policyholder)

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Note:

- Insured/policyholder can get the product related document at https://eservicing.manipalcigna.com/ document-vault
- ii. In case of any conflict, the terms conditions mentioned in the policy document shall prevail.

(Benefits and exclusion are applicable as per the plan chosen, please refer the policy schedule for the applicable benefits).